

FIRTUR OKSBOL

Land : Denemarken

Opstelling : 2 paren tegenover elkaar

A 1-8 kring naar links in 16 gaanpassen

B 9-10 dames plaatswisselen met 1 wisselpas met rechtervoet en rechterschouder passeren, dan 1 gaanpas met linkervoet terwijl men linksom draait, waarna men de rechtervoet aansluit. De dames eindigen dus weer front naar elkaar.

11-12 rust (4 tellen)

13-16 dames terug naar de eigen plaats op dezelfde manier.

C 1-8 ketting met de armen inhaken :

met 4 gaanpassen, armen rechts inhaken met de contrapartner en 1 toer rond

met 4 gaanpassen, armen links inhaken met de partner en 1 toer rond

weer rechts inhaken met contrapartner en met 4 gaanpassen rond

links inhaken met de partner en 1 toer rond

op de eerste tel van deze figuur klapt iedereen éénmaal in de handen

9-16 gewone danshouding, polka rond

De dans wordt op dezelfde manier herhaald doch A wordt een kring met 16 passen tellen

FIRTUR OKSBOL

Handwritten musical score for 'FIRTUR OKSBOL'. The piece is in G major (one sharp) and 4/4 time. It consists of three staves of music. The first staff begins with a treble clef, a key signature of one sharp (F#), and a 4/4 time signature. It features a melody with a repeat sign and a first ending bracket labeled 'A'. The second staff continues the melody with a second ending bracket labeled 'B'. The third staff concludes the piece with first and second endings, both marked with '1c' and ending with a double bar line.

HERZDAME

Handwritten musical score for 'HERZDAME'. The piece is in G major (one sharp) and 3/4 time. It consists of eight staves of music. The first staff begins with a treble clef, a key signature of one sharp (F#), and a 3/4 time signature. It features a melody with a repeat sign and a first ending bracket labeled 'A'. The second staff continues the melody with first and second endings, both marked with '1c' and '2c'. The third staff continues the melody with first and second endings, both marked with '1c' and '2c'. The fourth staff begins a new section labeled 'C' with a treble clef, a key signature of one sharp (F#), and a 3/4 time signature. The fifth staff continues the melody with first and second endings, both marked with '1c' and '2c'. The sixth staff begins a new section labeled 'D' with a treble clef, a key signature of one sharp (F#), and a 3/4 time signature. The seventh staff continues the melody with first and second endings, both marked with '1c' and '2c'. The eighth staff concludes the piece with a first ending bracket labeled 'A' and a double bar line.